01-93000-22

Original Effective Date: 11/15/00

Reviewed: 05/25/23

Revised: 06/15/23

Subject: Signal Averaged Electrocardiography (SAECG)

THIS MEDICAL COVERAGE GUIDELINE IS NOT AN AUTHORIZATION, CERTIFICATION, EXPLANATION OF BENEFITS, OR A GUARANTEE OF PAYMENT, NOR DOES IT SUBSTITUTE FOR OR CONSTITUTE MEDICAL ADVICE. ALL MEDICAL DECISIONS ARE SOLELY THE RESPONSIBILITY OF THE PATIENT AND PHYSICIAN. BENEFITS ARE DETERMINED BY THE GROUP CONTRACT, MEMBER BENEFIT BOOKLET, AND/OR INDIVIDUAL SUBSCRIBER CERTIFICATE IN EFFECT AT THE TIME SERVICES WERE RENDERED. THIS MEDICAL COVERAGE GUIDELINE APPLIES TO ALL LINES OF BUSINESS UNLESS OTHERWISE NOTED IN THE PROGRAM EXCEPTIONS SECTION.

Position Statement	Billing/Coding	Reimbursement	Program Exceptions	<u>Definitions</u>	Related Guidelines
<u>Other</u>	References	<u>Updates</u>			

DESCRIPTION:

Signal-averaged electrocardiography (SAECG) is a technique involving computerized analysis of small segments of a standard EKG to detect ventricular late potentials. Late potentials are signals that can be seen only at a very low voltage and are usually masked by noise from electrical equipment.

SAECG has been proposed as a test to predict which patients are at higher risk of experiencing an arrhythmic event (either a sustained arrhythmia or sudden cardiac death). Since sudden cardiac death, whether from arrhythmias or pump failure, is one of the most common causes of death after a previous MI, there is much interest in risk stratification to determine target therapy.

POSITION STATEMENT:

Signal-averaged electrocardiography (SAECG) is considered **experimental or investigational** for all indications. The evidence is insufficient to determine the effects of the technology on health outcomes.

BILLING/CODING INFORMATION:

CPT Coding:

REIMBURSEMENT INFORMATION:

Refer to section entitled **POSITION STATEMENT**.

PROGRAM EXCEPTIONS:

Federal Employee Program (FEP): Follow FEP guidelines.

State Account Organization (SAO): Follow SAO guidelines.

Medicare Advantage products: No National Coverage Determination (NCD) and/or Local Coverage Determination (LCD) were found at the time of the last guideline reviewed date.

DEFINITIONS:

None applicable

RELATED GUIDELINES:

None applicable

OTHER:

None applicable.

REFERENCES:

- Agency for Healthcare Research and Quality (AHRQ) Systematic Review of ECG-based Signal Analysis Technologies for Evaluating Patients with Acute Coronary Syndrome Technology Assessment Report, June 2012.
- 2. Al-Khatib SM, Stevenson WG, et al. 2017 AHA/ACC/HRS guideline for management of patients with ventricular arrhythmias and the prevention of sudden cardiac death: Executive summary: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Rhythm Society. Heart Rhythm. 2018 Oct;15(10):e190-e252.
- 3. American College of Cardiology. Signal-averaged electrocardiography. Expert Consensus Document. J. Am. Coll. Cardiol. 1996 Jan; 27(1): 238-249.
- 4. Antman EM, Anbe DT, Armstrong PW, et al. ACC/AHA guidelines for the management of patients with ST-elevation myocardial infarction; A report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines (Committee to Revise the 1999 Guidelines for the Management of patients with acute myocardial infarction). J Am Coll Cardiol. 2004 Aug 4; 44(3): E1-E211.
- 5. Bailey JJ, Berson AS, Handelsman H, Hodges M. Utility of current risk stratification tests for predicting major arrhythmic events after myocardial infarction. J Am Coll Cardiol. 2001 Dec; 38(7): 1902-11.
- 6. Banks L, Al-Mousay S, et al. Cardiac remodeling in middle-aged endurance athletes: relation between signal-averaged electrocardiogram and LV mass. Am J Physiol Heart Circ Physiol.2021 Jan 1;320(1):H316-H322.PMID:33124882.
- 7. Blue Cross Blue Shield Association Technology Evaluation Center "Signal-Averaged Electrocardiography for Risk Stratification Following Acute Myocardial Infarction" (01/96).
- 8. Chung FP, Lin CY, et al. Application of noninvasive signal-averaged electrocardiogram analysis in predicting the requirement of epicardial ablation in patients with arrhythmogenic right ventricular cardiomyopathy. HeartRhythm. 2020 Apr;17(4):584-591.PMID:31756530.
- 9. Correction to: 2017 AHA/ACC/HRS Guideline for Management of Patients With Ventricular Arrhythmias and the Prevention of Sudden Cardiac Death: Executive Summary: A Report of the

- American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Rhythm Society. Circulation. 2018 Sep 25;138(13):e415-e418.
- 10. European Heart Rhythm Association, Heart Rhythm Society, Zipes DP, et al. ACC/AHA/ESC 2006 guidelines for management of patients with ventricular arrhythmias and the prevention of sudden cardiac death: a report of the American College of Cardiology/American Heart Association Task Force and the European Society of Cardiology Committee for Practice Guidelines (Writing Committee to Develop Guidelines for Management of Patients With Ventricular Arrhythmias and the Prevention of Sudden Cardiac Death). J Am Coll Cardiol. 2006 Sep 5;48(5):e247-346.
- 11. Ganz LI. Sustained monomorphic ventricular tachycardia: Clinical manifestations, diagnosis, and evaluation. In: UpToDate, van Gelder IC & Dardas TF (Eds), UpToDate Waltham, MA; accessed March 2021 at uptodate.com.
- 12. Gatzoulis KA, Arsenos P, et al. Signal-averaged electrocardiography: Past, present, and future. J Arrhythm. 2018 May 28;34(3):222-229.
- 13. Gatzoulis KA, Sideris A, Kanoupakis E, et al. Arrhythmic risk stratification in heart failure: Time for the next step? Ann Noninvasive Electrocardiol. 2017 Mar;22(2). PMID: 28252256.
- Goldberger JJ, Cain ME, Hohnloser SH, et al, American Heart Association/American College of Cardiology Foundation/Heart Rhythm Society Scientific Statement on Noninvasive Risk Stratification Techniques for Identifying Patients at Risk for Sudden Cardiac Death, J Am Coll Cardiol 2008; 52:1179-99.
- 15. Hunt SA, Abraham WT, Chin MH, et al. ACC/AHA 2005 Guideline Update for the Diagnosis and Management of Chronic Heart Failure in the Adult: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines (Writing Committee to Update the 2001 Guidelines for the Evaluation and Management of Heart Failure):developed in collaboration with the American College of Chest Physicians and the International Society for Heart and Lung Transplantation: endorsed by the Heart Rhythm Society. Circulation. 2005 Sep 20; 112(12): e154-235.
- 16. Jung M, Kim JS, et al. Usefulness of P Wave Duration in Embolic Stroke of Undetermined Source. JClinMed. 2020 Apr 15;9(4):1134.PMID:32326500.
- 17. Narayan SM. Signal-averaged electrocardiogram: Overview of technical aspects and clinical applications. In: UpToDate, Goldberger AL & Dardas TF (Eds), UpToDate Waltham, MA; accessed April 2023 at uptodate.com.
- 18. Shen WK, Sheldon RS, et al, 2017 ACC/AHA/HRS Guideline for the Evaluation and Management of Patients with Syncope: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines, and the Heart Rhythm Society. Heart Rhythm. 2017 Mar 9. pii: S1547-5271(17)30297-7.
- Wylie JV, Garlitski AC. Brugada syndrome: Clinical presentation, diagnosis, and evaluation. In: UpToDate, Manaker S, Yeon SB (Eds), UpToDate Waltham, MA; accessed March 2021 at uptodate.com.
- 20. Yodogawa K, Seino Y, et al. Prognostic significance of ventricular late potentials in patients with pulmonary sarcoidosis. Heart Rhythm. 2018 Jun;15(6):798-802. PMID: 29857850.

COMMITTEE APPROVAL:

This Medical Coverage Guideline (MCG) was approved by the Florida Blue Medical Policy and Coverage Committee on 05/25/23.

GUIDELINE UPDATE INFORMATION:

11/15/00	Medical Coverage Guideline Developed.
11/15/00	i Medical Coverage Guideline Developed.

02/15/02	Medical Coverage Guideline Reformatted.
03/15/03	Reviewed; no changes.
09/15/06	Scheduled review and revision of guideline consisting of updated references and
	addition of rationale for investigational statement.
07/15/07	Annual review, investigational status maintained, reformatted guideline, references
	updated.
09/15/08	Scheduled review; no change in position statement; references updated.
06/15/09	Annual review: position statement maintained; references updated.
05/11/14	Revision: Program Exceptions section updated.
07/15/17	Revision; investigatioinal status maintained, description, position statement, and
	references updated.
05/15/19	Review; Position statement maintained; description section and references updated.
05/15/21	Review; Position statement maintained; references updated.
06/15/23	Review: Position statement maintained and references updated.