02-61000-30

Original Effective Date: 02/15/04

Reviewed: 01/23/25

Revised: 02/15/25

Subject: Facet Joint Injections

THIS MEDICAL COVERAGE GUIDELINE IS NOT AN AUTHORIZATION, CERTIFICATION, EXPLANATION OF BENEFITS, OR A GUARANTEE OF PAYMENT, NOR DOES IT SUBSTITUTE FOR OR CONSTITUTE MEDICAL ADVICE. ALL MEDICAL DECISIONS ARE SOLELY THE RESPONSIBILITY OF THE PATIENT AND PHYSICIAN. BENEFITS ARE DETERMINED BY THE GROUP CONTRACT, MEMBER BENEFIT BOOKLET, AND/OR INDIVIDUAL SUBSCRIBER CERTIFICATE IN EFFECT AT THE TIME SERVICES WERE RENDERED. THIS MEDICAL COVERAGE GUIDELINE APPLIES TO ALL LINES OF BUSINESS UNLESS OTHERWISE NOTED IN THE PROGRAM EXCEPTIONS SECTION.

Position Statement	Billing/Coding	Reimbursement	Program Exceptions	Definitions	Related Guidelines
<u>Other</u>	References	<u>Updates</u>			

DESCRIPTION:

The spine is the most common source of chronic pain. Chronic axial spinal pain is one of the major causes of disability and accounts for a substantial U.S. health burden. Chronic spine pain poses a peculiar diagnostic and therapeutic challenge due to multiple pain sources, overlapping clinical features, and nonspecific radiological findings.

The facet joints can cause axial spinal pain and referred pain in the extremities. The pathology of the pain source is due to facet joints being richly innervated by the nerve fibers from the medial branch of the dorsal ramus of spinal nerves. Each facet has a dual nerve supply. One exception is at the C2–C3 zygapophysial joint, which has a singular nerve supply from the third occipital nerve (the superficial medial branch of C3 dorsal ramus).

Facet joint interventions may be used in pain management for chronic back pain arising from the paravertebral facet joints. The facet block procedure is an injection of a local anesthetic, with or without a steroid medication, either into the facet joint (intra-articular or IA) or outside the joint space around the nerve supply to the joint (the medial branch nerve) known as medial branch block (MBB). Imaging guidance (fluoroscopy or CT) is used to assure accurate placement of the needle for the injection.

POSITION STATEMENT:

Facet joint injection general criteria

Facet joint injection or medial branch nerve block meets **the definition of medical necessity** for the diagnosis and treatment of chronic pain when **ALL** of the following criteria are met:

- Chronic neck or back pain suggestive of facet joint origin: predominantly axial, and/or aggravated by extension, rotation or lateral bending of the spine, and not associated with neurological deficits, **AND**
- Pain of ≥ 6 on a scale of 0 to 10, OR functional deficit, AND*
- Absence of nonfacet pathology per clinical assessment or radiology imaging, including, but not limited to, fracture, infection, significant spinal deformity or tumor, **AND**
- Pain has been present for a minimum of 3 months with documented failure to respond to noninvasive conservative care management (as tolerated), **AND**
- No radiculopathy or neurogenic claudication (except for radiculopathy caused by facet joint synovial cyst)

*Pain assessment must be performed and documented at baseline, and after each injection.

Diagnostic facet joint injection

Diagnostic facet joint injection **meets the definition of medical necessity** when the following criteria are met:

- An initial diagnostic injection, when criteria outlined above are met, **OR** a second diagnostic injection at the same level (confirmatory) to establish validity of the initial diagnostic injection, performed a minimum of 2 weeks after the initial diagnostic injection, **AND**
- Injections are performed with CT or fluoroscopic guidance, AND
- Injections are limited to one spinal region (cervical, thoracic, lumbar, sacral) per session, AND
- No more than 2 diagnostic injection procedures per region per rolling 12 months

Therapeutic facet joint injection

Therapeutic facet joint injection **meets the definition of medical necessity** when the following criteria are met:

- Diagnostic injection provided at least 80% pain relief (with the duration of relief being consistent with the agent used), **AND**
- Subsequent therapeutic injections at the same anatomic site result in at least 50% pain relief for at least three (3) months from the prior therapeutic injection, **OR** at least 50% improvement in the ability to perform previously painful movements and ADLs as compared to baseline measurement, **AND**
- Injections are performed with CT or fluoroscopic guidance, AND
- Injections are limited to one spinal region (cervical, thoracic, lumbar, sacral) per session, AND
- No more than 4 therapeutic injection procedures per region per rolling 12 months

Facet joint injections performed with ultrasound guidance are considered **experimental or investigational**, as there is a lack of clinical scientific evidence published in peer-reviewed literature to permit conclusions on safety and net health outcomes.

BILLING/CODING INFORMATION:

CPT Coding

64490	Injection(s), diagnostic or therapeutic agent, paravertebral facet
	(zygapophyseal) joint (or nerves innervating that joint) with image
	guidance (fluoroscopy or CT), cervical or thoracic; single level
64491	Injection(s), diagnostic or therapeutic agent, paravertebral facet
	(zygapophyseal) joint (or nerves innervating that joint) with image
	guidance (fluoroscopy or CT), cervical or thoracic; second level (List
	separately in addition to code for primary procedure)
64492	Injection(s), diagnostic or therapeutic agent, paravertebral facet
	(zygapophyseal) joint (or nerves innervating that joint) with image
	guidance (fluoroscopy or CT), cervical or thoracic; third and any additional
	level(s) (List separately in addition to code for primary procedure)
64493	Injection(s), diagnostic or therapeutic agent, paravertebral facet
	(zygapophyseal) joint (or nerves innervating that joint) with image
	guidance (fluoroscopy or CT), lumbar or sacral; single level
64494	Injection(s), diagnostic or therapeutic agent, paravertebral facet
	(zygapophyseal) joint (or nerves innervating that joint) with image
	guidance (fluoroscopy or CT), lumbar or sacral; second level (List
	separately in addition to code for primary procedure)
64495	Injection(s), diagnostic or therapeutic agent, paravertebral facet
	(zygapophyseal) joint (or nerves innervating that joint) with image
	guidance (fluoroscopy or CT), lumbar or sacral; third and any additional
	level(s) (List separately in addition to code for primary procedure)
0213T	Injection(s), diagnostic or therapeutic agent, paravertebral facet
	(zygapophyseal) joint (or nerves innervating that joint) with ultrasound
	guidance, cervical or thoracic, single level (investigational)
0214T	Injection(s), diagnostic or therapeutic agent, paravertebral facet
	(zygapophyseal) joint (or nerves innervating that joint) with ultrasound
	guidance, cervical or thoracic; second level (investigational)
0215T	Injection(s), diagnostic or therapeutic agent, paravertebral facet
	(zygapophyseal) joint (or nerves innervating that joint) with ultrasound
	guidance, cervical or thoracic; third and any additional level (s) (list
	separately in addition to code for primary procedure) (investigational)
0216T	Injection(s), diagnostic or therapeutic agent, paravertebral facet
02101	(zygapophyseal) joint (or nerves innervating that joint) with ultrasound
	guidance, lumbar or sacral; single level (investigational)
0217T	Injection(s), diagnostic or therapeutic agent, paravertebral facet
	(zygapophyseal) joint (or nerves innervating that joint) with ultrasound
	guidance, lumbar or sacral; second level (List separately in addition to
	code for primary procedure) (investigational)
0218T	Injection(s), diagnostic or therapeutic agent, paravertebral facet
02101	(zygapophyseal) joint (or nerves innervating that joint) with ultrasound
	(298apophysea) joint (or herves innervating that joint) with ultidsound

guidance, lumbar or sacral; third and any additional level(s) (List
separately in addition to code for primary procedure) (investigational)

ICD-10 Diagnosis Codes That Support Medical Necessity

M25.511, 512	Pain in shoulder
M25.521, 522	
M25.531,532	
M25.551, 552	
M25.571, 572	
M47.14 – M47.18	Other spondylosis with myelopathy
M47.812 – M47.817	Spondylosis without myelopathy or radiculopathy
M47.892 – M47.897	Other spondylosis
M47.9	Spondylosis, unspecified
M54.2	Cervicalgia
M54.50, M54.51, M54.59	Low back pain, including vertebrogenic low back pain
M54.6	Pain in thoracic spine
M96.1	Postlaminectomy syndrome, not elsewhere classified

REIMBURSEMENT INFORMATION:

Refer to **POSITION STATEMENT**.

LOINC Codes

Documentation	LOINC	LOINC Time Frame	LOINC Time Frame Modifier Codes Narrative
Table	Codes	Modifier Code	
Physician Initial	18736-9	18805-2	Include all data of the selected type that
assessment			represents observations made six months or
			fewer before starting date of service for the
			claim.
Attending	18741-9	18805-2	Include all data of the selected type that
physician progress			represents observations made six months or
note			fewer before starting date of service for the
			claim.
Radiology study	18726-0	18805-2	Include all data of the selected type that
report			represents observations made six months or
			fewer before starting date of service for the
			claim.
Physician	28573-4	18805-2	Include all data of the selected type that
operative report			represents observations made six months or
			fewer before starting date of service for the
			claim.
Treatment plan,	18776-5	18805-2	Include all data of the selected type that
plan of treatment			represents observations made six months or

			fewer before starting date of service for the claim.
Physical therapy initial assessment	18735-1	18805-2	Include all data of the selected type that represents observations made six months or fewer before starting date of service for the claim.
Physical therapy progress note	11508-9	18805-2	Include all data of the selected type that represents observations made six months or fewer before starting date of service for the claim.
Current, discharge, or administered medications	34483-8	18805-2	Include all data of the selected type that represents observations made six months or fewer before starting date of service for the claim.

PROGRAM EXCEPTIONS:

Federal Employee Program (FEP): Follow FEP guidelines.

State Account Organization (SAO): Follow SAO guidelines.

Medicare Advantage: The following Local Coverage Determinations (LCDs) were reviewed on the last guideline reviewed date: Facet Joint Interventions for Pain Management (L33930), located at cms.gov.

If this Medical Coverage Guideline contains a step therapy requirement, in compliance with Florida law 627.42393, members or providers may request a step therapy protocol exemption to this requirement if based on medical necessity. The process for requesting a protocol exemption can be found at <u>Coverage</u> <u>Protocol Exemption Request</u>

DEFINITIONS:

Axial pain: also called mechanical pain, axial pain is confined to one spot or region. It may be described a number of ways, such as sharp or dull, comes and goes, constant, or throbbing.

Facet joint: each of four joints formed above and below and on either side of a vertebra by bony projections (articular processes). The smooth surface at the end of the bony projections is called a facet. Each vertebra has a bony projection on either side which angles downward on its lower side and a bony projection on either side that angles upward. The lower projections of one vertebra meet the upper projections of the vertebra below it, forming facet joints.

Paravertebral facet joint nerve: nerve innervating a facet joint. Each facet joint is innervated by two nerves that are branches of the posterior division of the spinal nerves immediately above and below the joint; also known as medial branch nerve.

RELATED GUIDELINES:

Neurolysis/Ablation, 02-61000-34

OTHER:

Other names used to report facet joint injections:

Diagnostic medial branch block Facet block Spinal facet joint injections Spinal facet joint nerve block Zygapophyseal joint nerve block Z-joint injection

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COMMITTEE APPROVAL:

This Medical Coverage Guideline (MCG) was approved by the Florida Blue Medical Policy and Coverage Committee on 01/23/25.

GUIDELINE UPDATE INFORMATION:

02/15/04	New MCG created for Facet Joint Injections, separated from Outpatient Pain
	Management, 02-61000-01.
02/15/06	Review and revision of guideline consisting of updated references.
08/15/07	Review and revision of guideline consisting of updated references and reformatted
	guideline.
11/15/07	Review and revision of guideline consisting of updated references and addition of
	diagnosis codes.
05/15/09	Scheduled review; revise description section with addition of medical necessity
	management statement, update reimbursement guidelines, and update references.
09/15/09	Revision consisting of addition of a note to position statement for the use of steroid
	medications. Revise position statement to known or suspected facet joint pain. Clarify
	injections per date of service. Update limitations section.

01/01/10	Annual HCPCS Coding update: delete CPT codes 64470, 64472, 64475, & 64476. Add CPT
	codes 64490, 64491, 64492, 64493, 64494, & 64495. Revise description section, position
	statement, and reimbursement section. Add CPT instructions for codes 64491 – 64495.
04/15/10	Clarification added to reimbursement section regarding injection sets.
10/15/10	Revision; related ICD-10 codes added.
11/15/10	Revision; Certificate of Medical Necessity added; related ICD-10 codes added; guideline reformatted.
07/01/11	Revision; formatting changes.
08/15/11	Scheduled review; updated description section, CPT coding section, ICD9 and ICD10
	coding sections; updated references; reformatted guideline.
10/15/12	Scheduled review. Maintained position statement; revised description and definitions;
	updated references and reformatted guideline.
10/15/13	Scheduled review. Revised position statement, CPT coding (added 0213T-0218T) and
	program exceptions section. Updated references.
07/01/15	Scheduled review. Revised description and position statement. Updated references.
10/01/15	Revision; updated ICD9 and ICD10 coding sections.
11/01/15	Revision: ICD-9 Codes deleted.
08/15/16	Revision; updated ICD10 coding section.
04/15/17	Revision: updated criteria for facet joint injection and frequency of facet joint injection.
	Updated references.
07/15/18	Scheduled review. Revised criteria, frequency of treatment, contraindications for facet
	joint injections, and program exceptions section. Updated refences.
03/15/19	Revision: updated frequency of facet joint injection. Updated references.
07/15/19	Scheduled review. Revised frequency of injections and home exercise program
	requirements. Updated references.
09/01/19	Revision: clarified what constitutes an "active" modality.
07/15/20	Scheduled review. Revised position statement and updated references.
06/15/21	Scheduled review. Revised criteria related to prior surgical fusion. Updated references.
10/01/21	Quarterly CPT/HCPCS coding update: added codes M54.50, M54.51, M54.59; deleted
	code M54.5.
07/08/23	Scheduled review. Revised description, position statement, and Medicare Advantage
	program exception. Updated references.
08/21/23	Update to Program Exceptions section.
02/15/25	Scheduled review. Maintained position statement and updated references.